**Band Practice Strategies**

Strategies to try:

~ Slow it down

~Play tough intervals multiple times

~Clap it

~Sing it

~Finger it

~Speak it

~Play it backward

~Pencil in reminders

~Listen to someone else play it

~Use a mirror to watch yourself

~Buzz a line of your music

~Start out slow until clean- then speed up tempo

~Take things in small chunks, then piece back together

~Play with a recording

~Listen to a recording

A few more ideas for practice:

~Perform a tune for your family or friend

~Practice in your bathroom

~Practice in front of your pet

~Play a line 3 times in a row with no mistakes

~Record yourself playing then listen, decide what you can do better

~Practice in front of a plant

~Practice while wearing a hat

~Care for you instrument (oil valves, clean flute, cork grease, swab, wipe slides etc…)

~Practice in the garage, basement, laundry room, stairwell or other random area.

~Ninja practice (practice while standing on one foot)

~Practice wearing sunglasses

~Practice a line until you can play it successfully and take a selfie with your instrument

~Play a song in every room of your house

~Perform with someone else (play a tune with a friend or have someone clap along)